



# Cleaning Instruction and Replacement Guidelines

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## DEFINITIONS

**To Rinse:** Use warm water, air dry on a paper towel

**To Wash:** Use dish detergent and warm water, rinse well and air dry on a paper towel

**To Disinfect:** Soak in 3 parts water and 1 part white vinegar for 30 minutes, rinse well

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## OXYGEN

- Nasal cannula
  - wash as needed; replace every 2 weeks or as needed
- Extension tubing
  - replace every 1–3 months or as needed
- Humidifier bottles
  - empty daily and refill with distilled water
  - wash, rinse and disinfect 2 times a week
  - replace monthly or as needed
- Concentrator filters
  - wash and dry once a week and as needed

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## CPAP / BILEVEL

- Hoses
  - drain water and air dry daily; wash 2 or more times a week
- Masks / Nasal Pillows
  - wash 2 or more times a week; replace as needed
- Humidifier chambers
  - empty water daily and refill with distilled water
  - wash, rinse and disinfect 2 times a week; replace as needed
- Filters (depending on model)
  - wash or replace as directed and as needed

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## APNEA MONITORS

- Belts
  - wash by hand, rinse and air dry; replace as needed
- Electrodes
  - black rubber: wash as needed, replace as needed
- Lead wires
  - replace as needed

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## PULSE OXIMETER PROBES

- Disposables
  - replace as needed (be sensitive to cost and insurance reimbursement)
- Non-disposable
  - wipe gently with alcohol as needed

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## MEDICATION NEBULIZERS

- Rinse after each treatment and let air dry
- Wash once a day
- Disinfect 2 or more times a week; replace as needed
- Aerosol mask – wash and rinse daily, let air dry; replace as needed

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## LARGE VOLUME NEBULIZERS

- Empty daily and refill with distilled water, sterile water or as directed by the therapist
- Wash and disinfect 2–3 times a week; replace as needed
- Trach collar / mask – wash daily; replace as needed
- Corrugated tubing
  - **Never drain water back into the nebulizer**
  - replace tubing once a week
- Collection bag – empty as needed; replace as needed

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## SUCTION

- Canister – empty, wash and rinse daily; replace as needed
- Connecting tubing – rinse after each use; replace as needed
- Filters – replace as needed

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## VENTILATORS

- Refer to instructions provided by your AtHome Medical's Respiratory Therapist

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## INSTRUCTIONS:

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